

JESUS CHANGES EVERYTHING

Jesus Heals

Mark 5:22-24, 35-43

THE POINT:
*Jesus brings
healing to
our lives.*

THE BIBLE MEETS LIFE

When we experience pain or hurt, we turn to doctors and pharmacists. After all, they have remedies for much of what ails us. But we all experience pain and hurt—physical, emotional, relational, and spiritual—that are beyond the scope of science. We need Jesus. In all things, we are to come to Jesus, because He brings healing we can't imagine. We can trust Jesus to take care of us.

► **What are some home remedies you rely on when you're sick?**

INTRO

Why do we turn to prayer and to God as a last resort? Perhaps if we'd asked God to help with the final a week earlier, He would have helped us prepare better. Maybe if we didn't waste time on video games and social media, we'd have plenty of time for more productive things. The Gospel of Mark records the story of a man who did things differently than we often do. He went to Jesus right away. Similarly, when we have a need, whether it's school, relationships, sickness, or otherwise, the answer is always to go to Jesus first. This is what it means to be a true follower of Jesus—to live by faith.

MARK 5:22-24

A Jewish leader named Jairus wanted Jesus' help. Jairus' daughter was at death's door, and he was desperate to have her healed. The only One he knew to go to was Jesus, so contrary to what was acceptable for a dignified Jewish leader, Jairus fell at Jesus' feet and begged Him to save the girl. Jairus made a spectacle of himself that day. He saw no other way and was willing to endure the criticism. Many times, we come to Jesus only when we're desperate—after all, we fear that to be associated with Jesus may not be "cool." However, Jesus truly is the only answer to our biggest problems, and thankfully, He's gracious and accepts us when we come to Him.

► **What are some alternatives we typically pursue before turning to Jesus with our needs?**

MARK 5:35-40

When Jairus asked for Jesus' help, Jesus gladly went with him. But as they were on their way, Jesus stopped to help another lady who was very sick. Then the worst of Jairus' fears were realized. People came from his house with the news that his daughter had died. His efforts, as well as Jesus', were too little, too late. But Jesus told Jairus, "Don't be afraid. Only believe." When they arrived at Jairus' house, everyone was grieving. It seemed everything had gone wrong—but in the eyes of the Son of God, everything was right. Over the sound of wailing mourners, Jesus spoke unbelievable words, "The child is not dead, but asleep." For the Author of life, raising the dead was as simple as waking a sleeping child.

► **How can we express trust in God even when problems get worse instead of better?**

MARK 5:41-43

When Jesus declared she was only sleeping, the crowd's mournful wailing turned to scorn as they laughed in His face. After all, they knew death was permanent and irreversible. However, Jesus knew differently. He took the parents of the girl and three disciples into the room where the girl lay, simply took her by the hand, and spoke to her. Jesus didn't revive this little girl just because she was dead or because of how her death affected her father. Many people died in other towns where Jesus ministered, and He didn't bring them all back to life. He did it because it was the Father's will and would bring Him glory. Our lives are hit with difficulties, even tragedies, and we often don't know why. Before we jump to conclusions assuming the worst, let's remember—Jesus is in control of every situation, and He's working things to the ultimate eternal good for all those who love Him.

► **What situation in your life is requiring you to trust in God and wait on His timing?**



LIVE IT OUT

▶ CHRIST

Trust is fostered within a close, intimate relationship. It makes sense that the more time we spend with Jesus, the more closely we know Him, the more trust we have in Him.

- ▶ **In what ways are you cultivating a close relationship with Jesus?**
 - ▶ **Based on your relationship, how are you demonstrating trust in Him?**

- ▶ **In what ways do you need to grow in pursuing a relationship with Jesus?**
 - ▶ **In what areas do you need to grow in trusting Him?**

▶ COMMUNITY

The church is the body of Christ on earth, and He often meets our needs through the church.

What needs are you experiencing that could be met through the church? What steps will you take to fulfill them?

What needs are you aware of that, through you, Jesus may provide healing or comfort for another? What steps will you take to help that person?

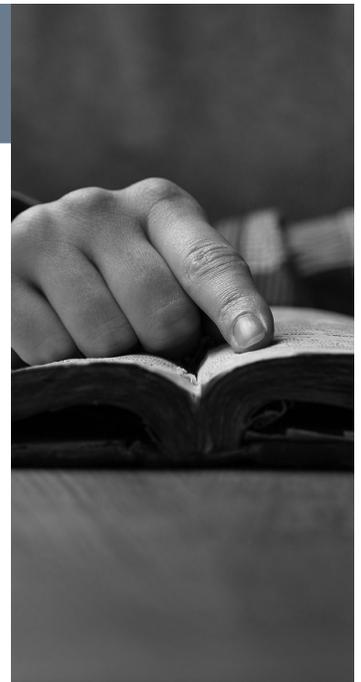
▶ CULTURE

For Jairus, coming to Jesus, throwing himself on the ground, and begging for Jesus' help wasn't only "uncool," it was downright unacceptable behavior.

- ▶ **In what ways is Jesus calling you to follow Him in a for-all-to-see way, not worrying what others may think?**

- ▶ **How might this cost you?**

- ▶ **How may this be a blessing to you and to the people who may not know of Jesus' power to heal their lives?**



BIBLE READING PLAN



- DAY 1**
MARK 10:1-16

- DAY 2**
MARK 10:17-31

- DAY 3**
MARK 10:32-45

- DAY 4**
MARK 10:46-52

- DAY 5**
MARK 11:1-11

- DAY 6**
MARK 11:12-26

- DAY 7**
MARK 11:27-33